

### Minutes of the Meeting of the Board of Trustees of the Fire and Police Retiree Health Care Fund, San Antonio May 22, 2023

PRESENT:

Henry Trevino, Fire Department Retiree Representative;

Chris Lutton, Police Department Representative; Mike Despres, Retired Police Representative; Doug Berry, Fire Department Representative; Jason Sanchez, Police Department Representative;

Councilperson Melissa Cabello Havrda, City of San Antonio; and

Mayoral Appointee Tom Silliman, City of San Antonio.

ABSENT:

Andrew Estrada, Fire Department Representative;

Councilperson John Courage, City of San Antonio; and

OTHERS PRESENT:

James Bounds, Executive Director; and Frank Burney, Martin & Drought, P.C.

At 10:00 a.m., Chair Berry called the meeting to order. The roll was called, and a quorum was declared present. The minutes from the meeting held on April 24, 2023, were reviewed and unanimously approved upon motion by Trustee Sanchez and second by Trustee Despres with a minor change relating to Former Fire President Steele.

**EXECUTIVE** 

SESSION: N

**MEMBERS** 

TO BE

HEARD:

None.

ACTION ITEMS:

1. <u>Investments</u>: Will meet later on May 22, 2023.

- 2. <u>Personnel/Audit</u>: Strategic Planning Committee is scheduled for later on May 22, 2023.
- 3. Benefits: Next meeting June 7, 2023 at 10:00 a.m.
  - a. <u>Alternative Therapy List</u>: postponed until next month.

b. <u>Intercept Program</u>: Mr. Bounds reported on reduction in costs for expensive specialty drugs but still large expenditures for specialty drugs.

### 4. <u>Legislative</u>: Mr. Burney reported on two bills:

- a. SB 1446 which imposes on pension funds' restrictions and reporting on ESG and proxy reporting; and
- b. HB 471 which requires one-year paid leave for public safety employees who have LOD injury/illnesses.

### 5. Administrative Report:

- a. <u>Expenses:</u> Mr. Bounds presented the expenditures for the Fund. Upon motion by Trustee Despres and second by Trustee Cabello Havrda, a list of expenses and claims and the Financial Report were unanimously approved by the Board.
- b. <u>Clinics by Health by Design</u>: Representatives of Health by Design provided a utilization report on Clinics. Capacity exists to handle additional patients but usage is up year-over-year.

Specialty Services show high utilization of PT and Endocrinology but only 60% utilization on Behavioral Health.

- c. <u>Schedule for Elections</u>: Upon motion by Trustee Sanchez and second by Trustee Lutton, the 2023 Election Schedule was approved.
- d. <u>Update on Real Estate by Forsite</u>: A meeting will be scheduled for Monday, June 5, 2023, at 10:00 a.m.

### 6. Consultant Report:

a. Legal: None.

### 7. <u>Educational Opportunities</u>:

Upon motion by Trustee Sanchez and second by Trustee Despres, the Board approved attendance at any of the following educational opportunities:

- IFEBP: Fraud Prevention Institute for Employee Benefit Plans, July 24-25, 2023

- IFEBP Certificate Series: Communicating Employee Benefits, July 24-25, 2023
- IFEBP: Alternative Investment Strategies, July 18-20, 2023
- 8. <u>Recess</u>: Upon motion by Trustee Despres and second by Trustee Sanchez, the Board recessed the meeting. The meeting reconvened at 1:05 p.m.
- 9. Next Meeting: The next regularly scheduled meeting will be June 26, 2023 at 10:00 a.m.

ADJOURNMENT: There being no further business, a motion was made by Trustee Silliman and second by Trustee Lutton that the meeting adjourn. The motion carried unanimously. The meeting adjourned at 1:08 p.m.

### Enclosures

- Financial Statement
- List of approved claims and expenses
- Agenda
- Minutes

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### AGENDA BOARD OF TRUSTEES MEETING FIRE AND POLICE RETIREE HEALTH CARE FUND LOCATED AT 11603 W. COKER LOOP, SUITE 210, SAN ANTONIO, TX 78216 Monday, May 22, 2023-10:00 a.m.

Members of the public may provide comment on any Agenda item, consistent with procedural rules governing the Board meetings and state law. Public comment may be provided as follows:

- a. <u>Written</u>: Submit written comments, along with name and address, by emailing them to Leticia Deleon at <u>leticia.deleon@swbell.net</u> by 12:00 p.m. on the day before the meeting. Comments will be read into the record during the designated time on the agenda.
- b. <u>In Person</u>: Speakers shall be given the opportunity to speak at the beginning of the meeting during "Public Comment" for up to 3 minutes (6 minutes if translation is needed).
- 1. Call to Order:
- 2. Roll Call: Doug Berry, Henry Trevino, Andrew Estrada, Chris Lutton, Michael Despres, Jason Sanchez, Councilperson Melissa Cabello Havrda, Councilperson John Courage, Tom Silliman.
- 3. EXECUTIVE SESSION (Discussion only Closed to Public):

The Board of Trustees may recess the meeting to the public at any time and hold an Executive Session pursuant to the Texas Open Meetings Act, Chapter 551.071, of the Texas Government Code. Such Act provides for Executive Session on any matter to be considered during the meeting as it relates to consultation with attorneys, real property, personnel and other matters. While any matter on the agenda may also be discussed, these specific matters may be discussed with counsel in Executive Session:

- a. Government Code §551.072 Discussions Regarding Purchase, Exchange, Lease, or Value of Real Property if Deliberation in an Open Meeting Would Have a Detrimental Effect on the Position of Health Fund in Negotiations with a Third Party;
- b. Government Code §551.071 All Matters Where Health Fund Seeks the Advice of its Attorney as Privileged Communications under the Texas Disciplinary Rules of Professional Conduct of the State Bar of Texas:
- c. Pending or Contemplated Litigation; and
- d. Government Code §551.074- Personnel Matters involving Senior Executive Staff and Employees of Health Fund.
- 4. Minutes (Discussion and possible action):
  - Board Meeting Minutes for April 24, 2023

- 5. Public Comment
- 6. Committee Reports (discussion and possible action):
  - a. Investments:
  - b. Personnel/Audit:
  - c. Benefits:
    - Alternative Therapy List
    - Intercept program
  - d. Legislative:
- 7. Administrative report (discussion and possible action):
  - a. Draft financial reports and list of expenditures for April 2023
  - b. Update on clinics by Health by Design
  - c. Proposed schedule for elections
  - d. Update on Real Estate by Forsite
- 8. Consultant Reports (discussion and possible action):
  - a. Legal: Report by Frank Burney
- 9. Educational Opportunities (discussion and possible action):
  - IFEBP: Fraud Prevention Institute for Employee Benefit Plans July 24-25, 2023
  - IFEBP Certificate Series: Communicating Employee Benefits July 24-25, 2023
  - IFEBP: Alternative Investment Strategies July 18-20, 2023
- 10. Adjournment:

### NOTE:

Speakers may address the Board regarding any specific Agenda Item, on any matter related to Fund business, or on matters that are within the scope of the authority and legislative functions of the Board. Speakers shall be given the opportunity to speak at the beginning of the meeting during "Public Comment" for up to 3 minutes (6 minutes if translation is needed.) Enumerated agenda items are assigned numbers for ease of reference only and will not necessarily be considered by the Board in that particular order. For those who need assistance due to physical challenges, accommodations can be made by contacting James Bounds at 210-494-6500.



### Minutes of the Meeting of the Board of Trustees of the Fire and Police Retiree Health Care Fund, San Antonio April 24, 2023

PRESENT: He

Henry Trevino, Fire Department Retiree Representative;

Chris Lutton, Police Department Representative; Mike Despres, Retired Police Representative; Doug Berry, Fire Department Representative; Jason Sanchez, Police Department Representative;

Councilperson Melissa Cabello Havrda, City of San Antonio;

Mayoral Appointee Tom Silliman, City of San Antonio.

ABSENT:

Andrew Estrada, Fire Department Representative;

Councilperson John Courage, City of San Antonio;

OTHERS PRESENT:

James Bounds, Executive Director; and Frank Burney, Martin & Drought, P.C.

At 10:00 a.m., Chair Berry called the meeting to order. The roll was called, and a quorum was declared present. The minutes from the meeting held on February 27, 2023, were reviewed and unanimously approved upon motion by Trustee Trevino and second by Trustee Lutton.

EXECUTIVE

SESSION: N

None.

MEMBERS TO BE HEARD:

- a. <u>Curtis Franz</u>: He reported on a claim for medical services requiring surgery, in-patient, and out-patient care. He asserts that there was a delay in providing claims and bills paid. He asserts that corrected EOBs needed to be provided and some were 60 days late. He cited other examples of problems with pre-certification.
- b. Former Fire President Steele (Local 624): He related to the Board that his wife was experiencing numbness in her arm and went to a provider on an emergency basis. He was later advised that the provider was out-of-network from WebTPA and the claim was denied. He followed up with WebTPA for an appeal of the decision that the visit was an emergency and should be covered. He alleges that he has not been provided a final

determination of his claim. He requested the Board pay such claim (\$1,000.00). Current claims are being paid.

Chair Berry requested that both these issues be referred to Benefits Committee on June 7, 2023 for further evaluation.

### ACTION ITEMS:

- 1. <u>Investments</u>: Next meeting will be May 22, 2023 at 1:00 p.m.
- 2. <u>Personnel/ Audit</u>: Mr. Bounds reported on a search for a Finance Director for the Health Fund. Upon motion by Trustee Sanchez and second by Trustee Despres, the Board unanimously approved funds for the search for a new Finance Director (not to exceed \$50,000.00).
- 3. <u>Benefits</u>: No report. The next meeting is on May 22, 2023.
- 4. <u>Legislative</u>: Mr. Burney report on two bills, SB1446 and HB2068. Both impose restrictions on public retirement systems ability to invest and vote proxies on investments with ESG. SB1446 has been approved in the Senate and has been sent to the House.

### 5. <u>Administrative Report</u>:

- a. <u>Expenses:</u> Mr. Bounds presented the expenditures for the Fund. Upon motion by Trustee Sanchez and second by Trustee Cabello Havrda, a list of expenses and claims and the Financial Report were unanimously approved by the Board.
- b. <u>Clinics</u>: Mr. Bounds reported on progress in clinic construction at Roosevelt and Loop 410. Estimated completion in twelve (12) months.
- c. <u>Foster & Foster</u>: Upon motion by Trustee Despres and second by Trustee Lutton, the Board unanimously ratified the engagement of Foster & Foster as actuary for the Health Fund (Silliman abstained).

### 6. Consultant Report:

a. Legal: None.

### 7. Educational Opportunities:

Upon motion by Trustee Lutton and second by Trustee Despres, the Board approved attendance at any of the following educational opportunities:

- IFEBP Certificate Series Employee Benefits Courses: July 28-29, 2023
- NCPERS: 2023 Annual Conference & Exhibition Ace: May 21-24, 2023
- NAPPA San Antonio, Texas: June 27-30, 2023
- 8. Next Meeting: The next regularly scheduled meeting will be May 22, 2023 at 10:00 a.m.

### ADJOURNMENT:

There being no further business, a motion was made by Trustee Sanchez and second by Trustee Cabello Havrda that the meeting adjourn. The motion carried unanimously. The meeting adjourned at 11:07 a.m.

### Enclosures

- Financial Statement
- List of approved claims and expenses
- Agenda
- Minutes

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### F&P Retiree Health Care Fund - Calendar Statement of Plan Net Assets April 30, 2023

		April 30, 2023		December 31, 2022
ASSETS				
Cash - City Cash - Trust Leasehold Improvements Investments - Trust Accrued Interest - Trust Pre-paid Expenses	\$	0.00 564,931.69 39,621,035.01 520,206,788.03 2,560,999.30 1,195,195.00	\$	0.00 30.00 39,485,284.96 504,508,739.83 2,083,894.62 51,782.80
Total Assets	-	564,148,949.03	_	546,129,732.21
LIABILITIES				
Claims Payable Accounts Payable Security Lending Collateral	_	4,631,090.04 (142,873.17) 0.00	_	4,789,918.41 92,509.26 0.00
Total Liabilities	-	4,488,216.87	-	4,882,427.67
Net Assets Held in Trust	\$	559,660,732.16	\$	541,247,304.54

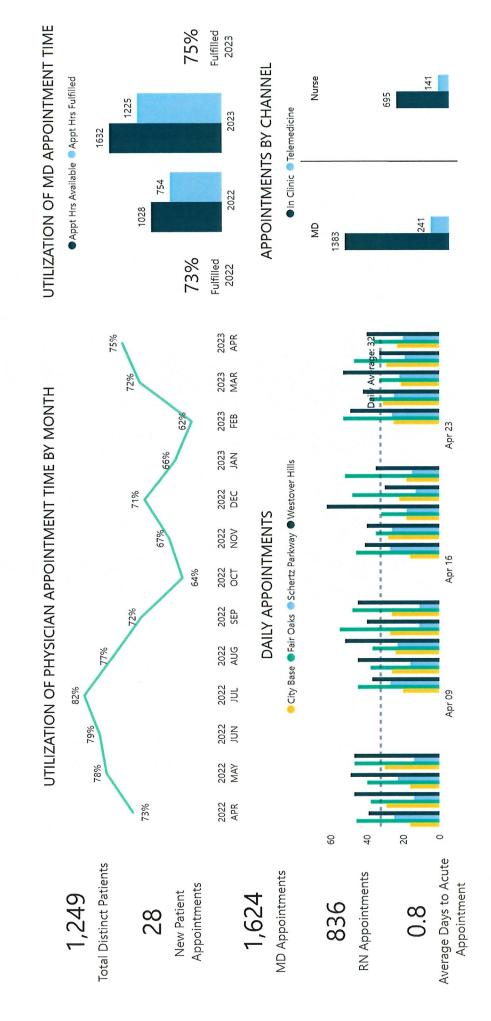
### F&P Retiree Health Care Fund - Calendar Statement of Changes in Plan Net Assets For the Four Months Ending April 30, 2023

	Current Month	Current Budget		Year to Date	YTD Budget
Additions					
Contributions: City of San Antonio Active Retirees less then 30 COBRA Children	\$ 3,631,276.34 1,816,699.50 131,859.00 0.00 51,100.00	3,674,000.00 1,837,000.00 126,000.00 4,000.00 47,000.00	\$	16,368,824.42 8,186,341.96 507,911.58 16,733.41 205,450.00	16,534,000.00 8,266,000.00 504,000.00 13,000.00 185,000.00
Total Contributions	5,630,934.84	5,688,000.00		25,285,261.37	25,502,000.00
Investment Income: Interest Net Appreciation of Inves Other Income Less Investment Expense Net Investment Income Total Additions	101,052.92 1,794,592.31 34.99 (27,633.33) 1,868,046.89 7,498,981.73	178,800.00 2,676,000.00 1,000.00 (27,600.00) 2,828,200.00 8,516,200.00	_	411,657.79 12,181,168.19 35,123.19 (107,133.32) 12,520,815.85 37,806,077.22	716,300.00 10,694,000.00 4,000.00 (106,100.00) 11,308,200.00 36,810,200.00
Deductions Members Benefit Paymen COBRA Benefit Payment Children's Benefit Payme General and Administrati Total Deductions	3,165,738.90 0.00 10,394.43 1,946,478.11 5,122,611.44	2,875,000.00 5,000.00 47,000.00 1,387,900.00 4,314,900.00		10,739,045.34 2,307.15 69,301.38 8,581,995.73	11,497,000.00 15,000.00 188,000.00 5,582,400.00 17,282,400.00
Net Increase	2,376,370.29	4,201,300.00	•	18,413,427.62	19,527,800.00

### Expenses Paid since last Board Meeting

6144 6145 6146 Expenses to be p	CSU Leticia DeLeon Net2Phone Frost  paid at this Board Meeting	Ins Supplies April	\$	69,160.11 50.00 1,043.71
6147 6148 6149 6150 6151 6152 6153 6154 6155 6156 6157 6158	Andrew Estrada AT&T Mobility Doug Berry GDC Henry Trevino Jason Sanchez Christopher Lutton Martin Drought Meketa Mike Despres USI T-Moble	Phone May Phone May Phone Phone April May Phone May May May	*****	70.00 68.75 70.00 10,994.34 70.00 70.00 7,500.00 20,833.33 70.00 8,083.34 83.33
	CDS Muery Farimond Raba Kistner RVK  City Base West Clinic Office	April April April April May May May	\$\$\$\$\$	- - - - - - 118,236.91

# **ALL WELLNESS CENTERS**



# **ALL WELLNESS CENTERS**

APR YEAR-TO-DATE

DISTINCT PATIENTS

SEEN YTD

APPOINTMENTS YTD

6,018

4,472

TOTAL MD

1,998

## WELLNESS CENTER UTILIZATION

Patients Seen YTD 2,352 4,941 Total Eligible

47.6% of Total Eligible myPCP PATIENTS

**11.5%** myPCP Change YTD 2,765

**MYPCP PATIENTS BY LOCATION** 

1070

633

26.0% of Total Eligible

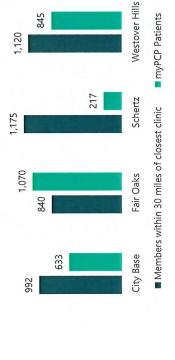
# myPCP AND PROXIMITY TO WELLNESS CENTERS

2023

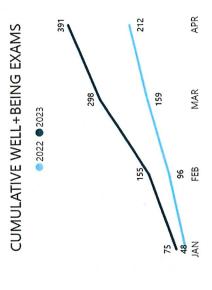
2022

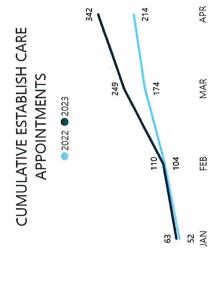
2023

2022

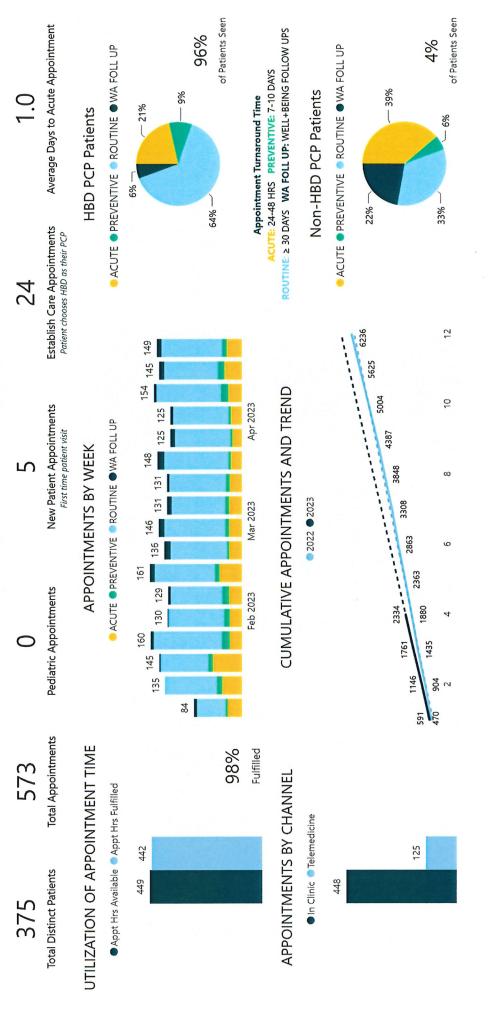


Fair Oaks Schertz Westover Hills





# **WESTOVER HILLS: PHYSICIAN**



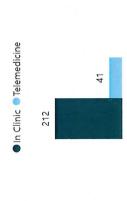
# **WESTOVER HILLS: NURSE**

MONTHLY SUMMARY FOR APR 2023

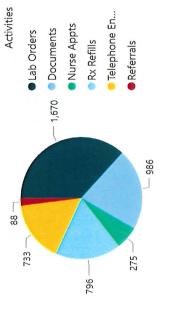
191 Total Appointments 253

**Total Distinct Patients** 

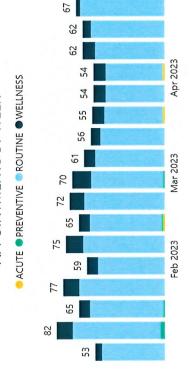
## APPOINTMENTS BY CHANNEL



### 4,548 OTHER CLINIC ACTIVITIES

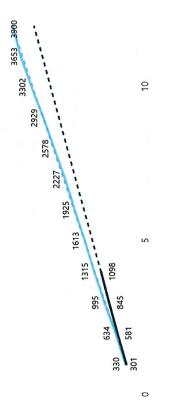


### APPOINTMENTS BY WEEK

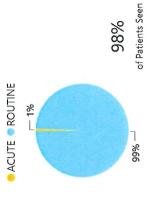


# **CUMULATIVE APPOINTMENTS AND TREND**

2022 • 2023



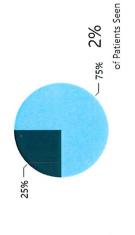
### **HBD PCP Patients**



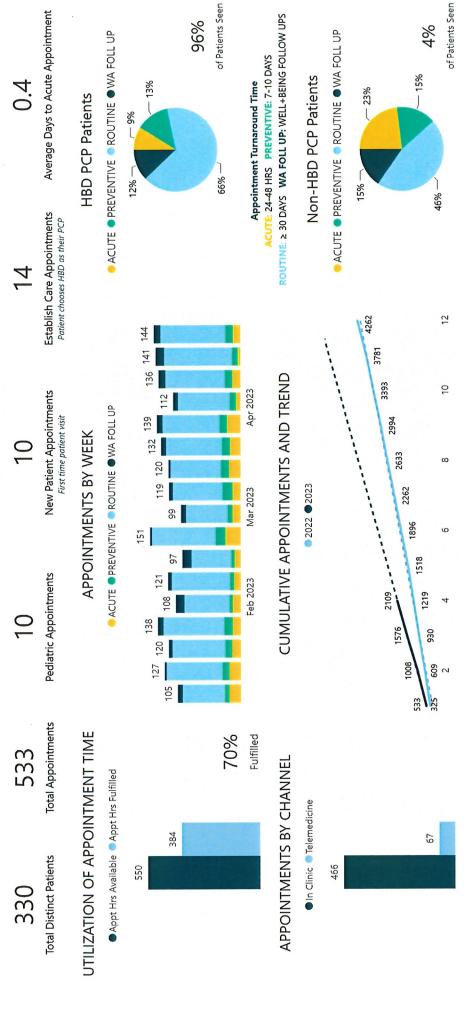
Appointment Turnaround Time
ACUTE: 24-48 HRS PREVENTIVE: 7-10 DAYS
ROUTINE: 2 30 DAYS WELLNESS: WELL+BEING EXAMS

### Non-HBD PCP Patients

ROUTINEWELLNESS



# **FAIR OAKS: PHYSICIAN**



# **FAIR OAKS: NURSE**

MONTHLY SUMMARY FOR APR 2023

## APPOINTMENTS BY WEEK



**Total Distinct Patients** 

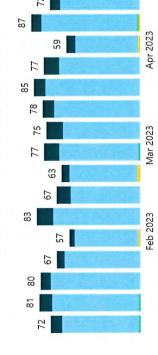
Total Appointments

281

194

APPOINTMENTS BY CHANNEL

In ClinicTelemedicine





OTHER CLINIC ACTIVITIES 4,414

67

Activities

145

1,596 • Documents

872

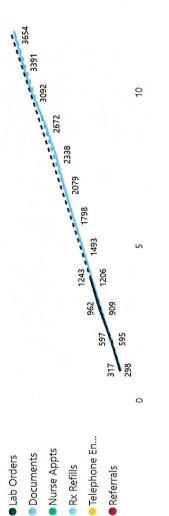
Rx Refills

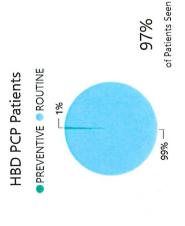
Referrals

-1,059

Lab Orders

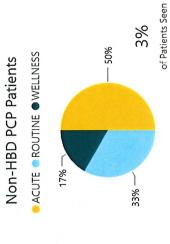
2022 • 2023



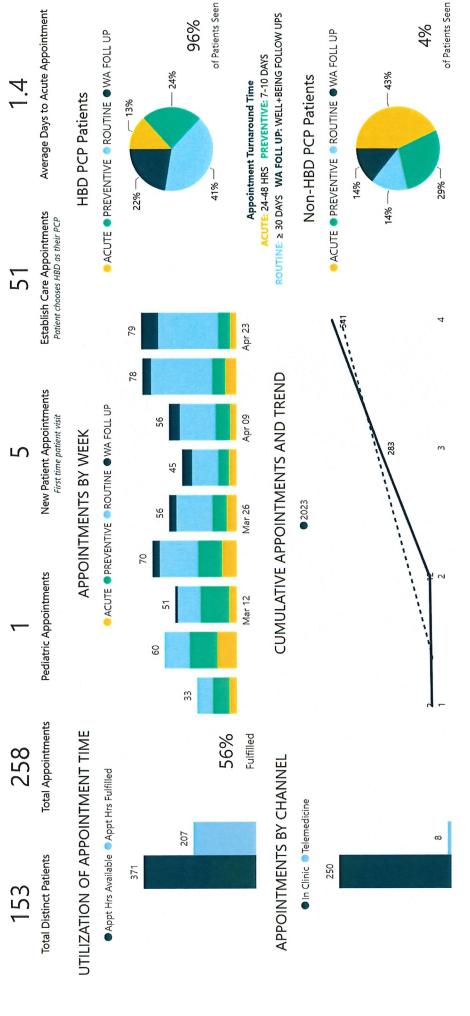


63





# **SCHERTZ: PHYSICIAN**



## **SCHERTZ: NURSE**

MONTHLY SUMMARY FOR APR 2023

## APPOINTMENTS BY WEEK

**Total Distinct Patients** 

**Total Appointments** 

117

95

APPOINTMENTS BY CHANNEL

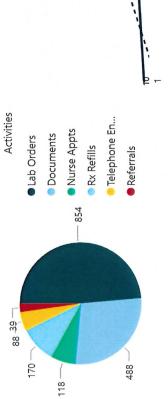
In ClinicTelemedicine

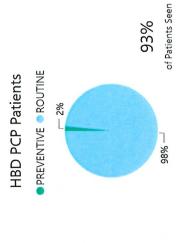
Apr 2023 PREVENTIVEROUTINEWELLNESS Mar 2023 Feb 2023

## **CUMULATIVE APPOINTMENTS AND TREND**

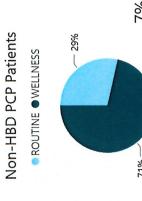
OTHER CLINIC ACTIVITIES 1,757

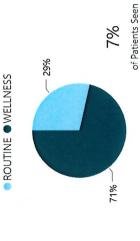
● 2023



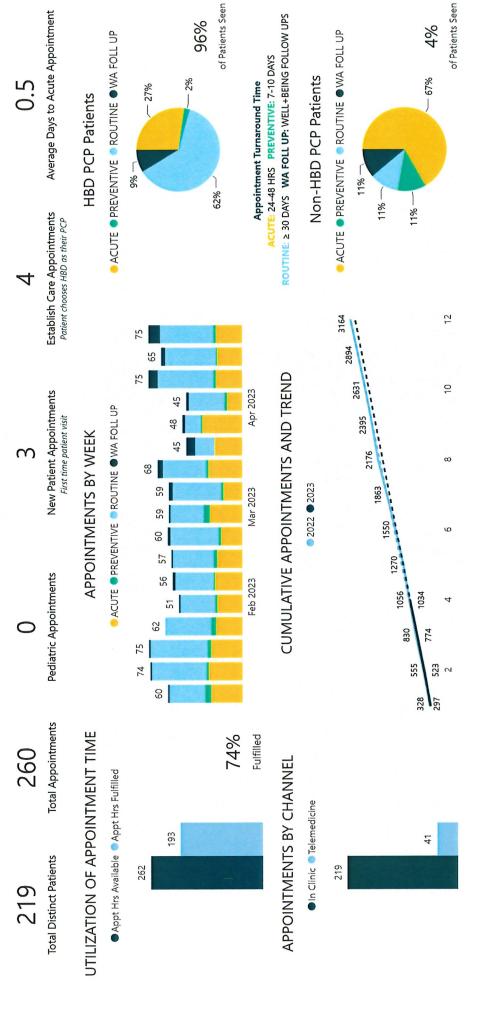








# **CITY BASE: PHYSICIAN**

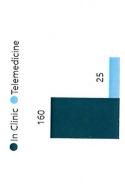


# CITY BASE: NURSE MONTHLY SUMMARY FOR APR 2023

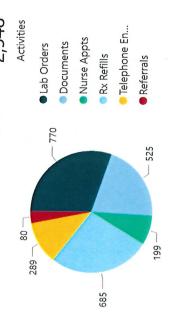
185 138

Total Appointments Total Distinct Patients

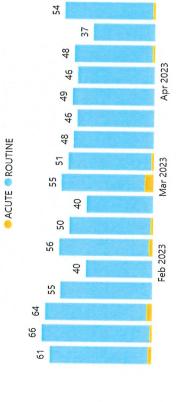
## APPOINTMENTS BY CHANNEL



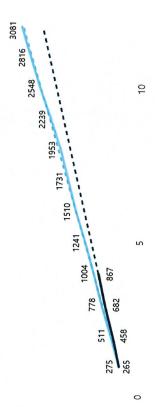
## OTHER CLINIC ACTIVITIES 2,548



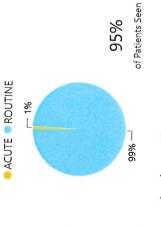
## APPOINTMENTS BY WEEK



# CUMULATIVE APPOINTMENTS AND TREND

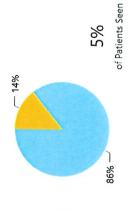


### **HBD PCP Patients**



## Appointment Turnaround Time ACUTE: 24-48 HRS PREVENTIVE: 7-10 DAYS ROUTINE: 2 30 DAYS WELLNESS: WELL+BEING EXAMS





# SPECIALTY SERVICES

MONTHLY SUMMARY FOR APR 2023

## **BEHAVIORAL HEALTH**

## UTILIZATION OF APPOINTMENT TIME

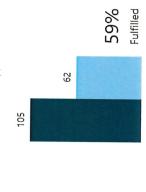
UTILIZATION OF APPOINTMENT TIME

PHYSICAL THERAPY

Appt Hrs Available
 Appt Hrs Fulfilled

347

Appt Hrs Available
 Appt Hrs Fulfilled



62

Total Appointments

Total Distinct Patients

Total Appointments

463

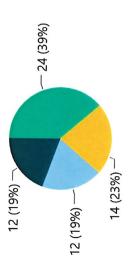
APPOINTMENTS BY LOCATION

153

84% Fulfilled 42

**Total Distinct Patients** 

## APPOINTMENTS BY LOCATION



-172 (37%)

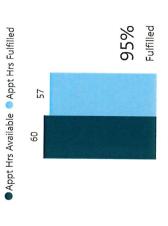
129 (28%) —

• Fair Oaks • City Base • Schertz Parkway • Westover Hills

162(35%) -

## **ENDOCRINOLOGY**

## UTILIZATION OF APPOINTMENT TIME



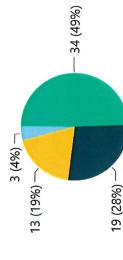
69

Total Appointments

**Total Distinct Patients** 

69

## APPOINTMENTS BY LOCATION



# SPECIALTY SERVICES: YEAR-TO-DATE

